



DISTRICT 181 MIDDLE SCHOOLS

LUNCH PRICES

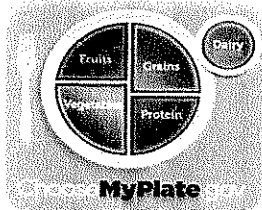
Lunch Meal: \$3.75- Includes choice of entree, choice of 2 sides and milk
If you get the lunch meal, and want organic milk it is \$4.75

entree choices are:

daily specials, cheese pizza, deli sandwiches made to order, salad bowls made to order, pre-made deli sandwich, pre-made salad bowl, chicken filet sandwich, chicken tenders, and cheeseburgers
choice of sides are:
baked fries, vegetables listed as daily specials, fruit cup and whole fruit.

Organic Milk is \$1.50

Milk Choices Daily \$.40
(2% White, 1%Chocolate),
Organic Milk \$1.50



COMMITMENT TO WELLNESS

All Breads are Whole Grain
All Pastas are Whole Wheat
All Rice is Brown Rice
All Pizza Crust is Whole Wheat
Questions/Suggestions call:

Helen Matsikas-CHMS
630-887-4260 ext 1806

Laura Allgaier- HMS
630-654-6313

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menu subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Daily Lunch Specials Chicken Enchilada BBQ Ribette Sandwich Father & Son Cheese Pizza Daily Vegetable Specials Fresh Orange Smiles Seasoned Black Beans	2 Daily Lunch Specials Popcorn Chicken BLT Salad Bowl Father & Son Pepperoni Pizza Daily Vegetable Specials Oven Baked Fries Seasonal Fruit Cup	3 Daily Lunch Specials Penne w/Meat Sauce Mozzeralla Cheese Sticks w/sauce Father & Son Sausage Pizza Daily Vegetable Specials Tossed Garden Salad Warm Garlic Breadstick	4 Daily Lunch Specials Chicken Zinger Wrap BBQ Burger Father & Son Cheese Pizza Daily Vegetable Specials Tomato Soup Whole Fresh Apple
7 Daily Lunch Specials Creamy Macaroni & Cheese Garlic Chicken Grinder Father & Son Pepperoni Pizza Daily Vegetable Specials Garden Tossed Salad Whole Wheat Dinner Roll	8 Daily Lunch Specials Beef Nachos Grande Buffalo Chicken Sandwich Father & Son Sausage Pizza Daily Vegetable Specials Seasonal Fruit Cup Seasoned Brown Rice	9 Daily Lunch Specials BBQ Chicken Double Bacon Cheeseburger Father & Son Cheese Pizza Daily Vegetable Specials Mashed Potatoes & Gravy Confetti Corn	10 Daily Lunch Specials Spaghetti & Meatballs Chicken Casesar Salad Father & Son Veggie Pizza Daily Vegetable Specials Warm Garlic Breadstick Seasoned Green Beans	11 Daily Lunch Specials Crispy Chicken Pita All Beef Chicago Style Hot Dog Personal Pan Pizza Daily Vegetable Specials Oven Baked Fries Fresh Veggies & Ranch Dip
14 Daily Lunch Specials Homemade Meatloaf Toasted Italian Submarine Father & Son Cheese Pizza Daily Vegetable Specials Mashed Potatoes & Gravy Seasoned Peas	15 Daily Lunch Specials Beef Tacos (2) Baked Taco Salad Bowl Father & Son Veggie Pizza Daily Vegetable Specials Mexi-Corn Whole Fresh Red Apple	16 Daily Lunch Specials Baked Chicken Rings Mini Corn Dogs Father & Son Cheese Pizza Daily Vegetable Specials Fresh Carrots & Celery w/dip Oven Baked Fries	17 Daily Lunch Specials Baked Penne Pasta Chicken Parmesan Sandwich Father & Son Pepperoni Pizza Daily Vegetable Specials Fresh Broccoli Tops Warm Garlic Breadstick	18 Daily Lunch Specials BBQ Western Ribette Sandwich Grilled Cheese Sandwich Father & Son Cheese Pizza Personal Pan Pizza Daily Vegetable Specials Fresh Orange Smiles Small Cream of Tomato Soup
21	22	23	24	25
<h1>THANKSGIVING HOLIDAY</h1>				
28 Daily Lunch Specials Orange Chicken Rice Bowl Crispy Chicken Ranch Wrap Father & Son Sausage Pizza Daily Vegetable Specials Oriental Style Vegetables Whole Wheat Dinner Roll	29 Daily Lunch Specials Chicken & Cheese Quesadilla Sloppy Joes Father & Son Cheese Pizza Daily Vegetable Specials Oven Baked Fries Confetti Corn	30 Daily Lunch Specials Baked Chicken Nuggets Asian Chicken Salad Bowl Father & Son Pepperoni Pizza Daily Vegetable Specials Mashed Potatoes & Gravy Baby Carrots	www.mynutrikids.com Website for online payments nutritional information virtual café portal	